

Cumbria Adult Learning

ESOL Pre-Entry

Would you like to speak English?

#Relearn
#Reinvent
#RediscoverLearning



L e a R n

E n g L i S h !



Westmorland
& Furness
Council

Working for Cumberland Council and
Westmorland & Furness Council

adultlearningcumbria.org

ESOL Pre-Entry

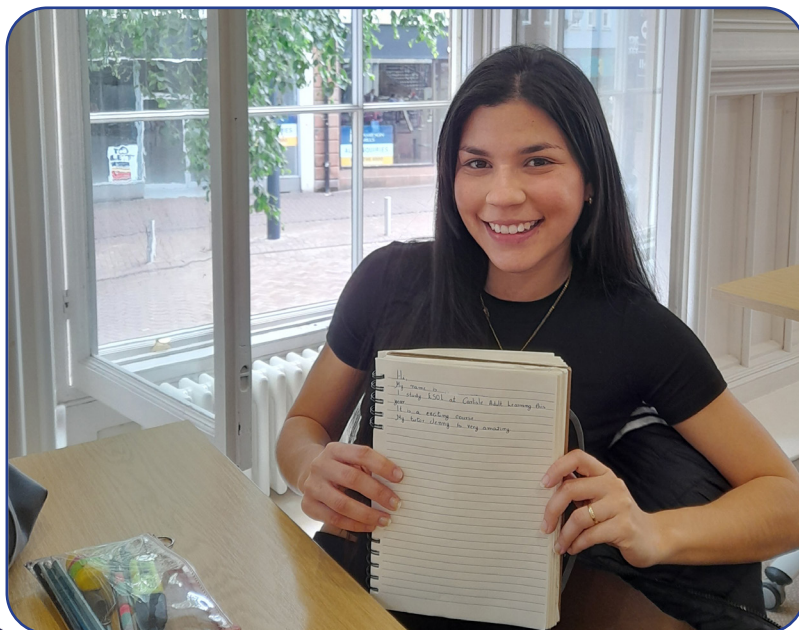
Cumbria Adult Learning offer courses for learners as they start to navigate life in the UK and start learning English.

Courses offered to Pre Entry Learners :

- Study skills
- First Steps into English
- Reading and Writing for Pre Entry Learners
- My Health and Wellbeing and Where I live
- Using Money - Introduction
- Family Learning - Mums and Babies

Our service also offers 1:1 tutor support and small group teaching for learners who arrive in the UK through a recognised resettlement programme.

Please note learners are asked to complete an initial assessment before enrolling on any of our courses so we can support learners to join classes at the right level for them.



Study Skills (12 guided learning hours)

This short course aims to give learners the information and basic skills they need to be able to study successfully in the ESOL Curriculum. Learners will work with their tutor to understand expectations and agree class rules.

Learners will be able to:

1. Understand the importance of attending every class.
2. Know what equipment and resources to bring to class.
3. Agree class rules.
4. Set aside time for homework.
5. Understand Growth Mindset principles.
6. Understand basic resilience tips and hints

First Steps Into English (40 guided learning hours)

In this course learners will learn how to:

1. Greet people they meet and respond to simple requests for personal information.
2. Talk to others about people in their life and where they live.
3. Recognise money.
4. Use money to pay for things.
5. Be able to identify and speak about common health problems for self and dependents
6. Be supported to find key services in the local community
7. Identify what key services provide and how they help them.

Learners will be practising and developing their speaking and listening skills throughout the course to help them communicate with friends, family and people in their local community.

Using Money - Introduction

(30 guided learning hours)

Learners will work with their peers and their tutor to be able to:

1. Recognise money (£, coins and notes).
2. Develop a glossary for relevant terms / words and phrases.
3. Identify the name(s) of places to shop and what to buy there.
4. Be able to name and ask for shopping items.
5. Be able to count the number of items purchased.
6. Be able to add and subtract payments to ensure they receive the correct change in cash transactions.
7. Be able to use weights accurately in conversation.
8. Be able to use measures accurately in conversation.
9. Be able to compare offers e.g. BOGOF, 2 for 3, price per unit etc.

The courses will help learners develop essential skills needed to understand everyday transactions in the UK. Learners will use real life scenarios to build their confidence.

Learners will also develop speaking and listening, reading, writing and basic numeracy skills.



Reading and Writing For Pre Entry Learners (40 guided learning hours)

Learners will be supported to develop and improve their reading and writing skills. They will learn how to:

1. Form lower case letters.
2. Form upper case letters.
3. Understand how CVC words are formed.
4. Recognise CVC words.
5. Copy and write simple personal information – for example own name, age, address.
6. Write and punctuate a simple sentence.
7. Spell and read a range of words linked to everyday life.
8. Develop skills in sounding out words.
9. Read common signs.
10. Recognise parts of the body.
11. Recognise items in the home.
12. Recognise colours.
13. Identify common classroom items.
14. Read and write numbers 1-10.
15. Read and write social sight words.

This course will support development of early literacy skills. Learners will learn useful phrases and words that are commonly used in everyday life.

My Health and Wellbeing and Where I Live (40 guided learning hours)

This course is designed to support learners to develop language that is needed for routine appointments and builds on the skills and knowledge learned in the Reading and Writing and First Steps into English courses.

Learners will be supported to:

1. Say how they feel and describe common symptoms.
2. Be able to make appointments with health professionals.
3. Understand and follow instructions related to health and wellbeing.
4. Find their way around a hospital, GP Surgery, Dental Practice etc.
5. Be aware of personal safety and be able to ask for help.
6. Describe where they live.
7. Describe rooms in a house and a range of household goods.
8. Be able to find places in their locality,
9. Be able to read a timetable and ask for a ticket and be able to give and receive the correct change.
10. Read door numbers. Understand and use ordinal numbers.

Family Learning : Mums and Babies

This 12 hour course runs for 12 weeks with each session being one hour. It is designed for non English-speaking mums and their babies (up to 1 year). This course gives mums an opportunity to have fun and meet other mums in their local area.

At the end of the course learners will have:

1. Increased their skills in English language.
2. Know some language rich activities they can use with their child, such as - book reading, story telling, singing and using rhyme.
3. Awareness of support services they can access including their GP, Health Visitor, local library.

Contact Us

Why not contact one of our centres and have an informal chat to find out how we can help?

Westmorland and Furness Centres

- Barrow Adult Learning and the surrounding areas - Tel: **01229 407630 / 01229 407631** Email: **barrowadultlearning@westmorlandandfurness.gov.uk**
- Kendal Adult Learning and the surrounding areas - Tel: **01539 713257**
Email: **kendaladultlearning@westmorlandandfurness.gov.uk**
- Penrith Adult Learning and the surrounding areas - Tel: **07468 709606**
Email: **penrithadultlearning@westmorlandandfurness.gov.uk**

Cumberland Centres

- Carlisle Adult Learning and the surrounding areas - Tel: **01228 227304 / 01228 227305**
Email: **carlisleadultlearning@cumberland.gov.uk**
- Whitehaven Adult Learning and the surrounding areas - Tel: **01946 506416**
Email: **whitehavenadultlearning@cumberland.gov.uk**
- Workington Adult Learning and the surrounding areas - Tel: **01900 706023**
Email: **workingtonadultlearning@cumberland.gov.uk**

Scan the QR code for further information on our ESOL courses



Translation Services

If you require this document in another format (e.g. CD, Braille or large type) or in another language, please telephone: **0300 373 3300**.

للوصول إلى هذه المعلومات بلغتك، يرجى
الاتصال 0300 373 3300

আপনি যদি এই তথ্য আপনার নিজের ভাষায় পেতে চান তাহলে অনুগ্রহ
করে 0300 373 3300 নম্বরে টেলিফোন করুন।

如果您希望通过母语了解此信息，
请致电 0300 373 3300

Jeigu norėtumėte gauti šią informaciją savo kalba,
skambinkite telefonu 0300 373 3300

W celu uzyskania informacji w Państwa języku proszę
zatelefonować pod numer 0300 373 3300

Se quiser aceder a esta informação na sua língua,
telefone para o 0300 373 3300

Bu bilgiyi kendi dilinizde görmek istiyorsanız lütfen
0300 373 3300 numaralı telefonu arayınız